Start Microsoft Excel without running automatic macros

Automatic macros, such as Auto_Activate, are designed to run when you start Excel. For more information about these macros, see Visual Basic Help.

• To prevent macros from automatically running, hold down SHIFT while you start Excel.

Note   If you start Excel from the Office Shortcut Bar, click the **Microsoft Excel** button on the Office Shortcut Bar first, and then immediately hold down SHIFT while Excel starts.

Additional resources